



Nov/Dec. 2017

Class Schedule

*Please visit yogageauga.com
for details and updates*

Day	Time	Class
Monday	10:00 -11:30ish am 5:00-6:15 pm 6:30-8:00 pm	Gentle Yoga (Alison) Vinyasa (Mary) Beyond Basics (Mary)
Tuesday	<i>3rd Tuesday</i> 6:30 - 7:45 pm Nov. 14 and 28.....	Restorative Yoga (Jeanette) Tune Up Tuesday (Al)
Wednesday	10:00 -11:30ish am 6:30-8:00 pm	Gentle Yoga (Alison) Vinyasa (Alison)
Thursday	4:15-5:15pm 5:30-6:45pm 7:00-8:15 pm	Yoga Sculpt (Mary) Gentle Yoga (Jeanette) Beyond Basics (Mary)
Friday	9:00-10:00 am	Slow Flow (Cynthia)
Saturday	9:00-10:15 am 10:45 - 12:00ish pm	Vinyasa (Staff) Basics (Alison or Cynthia)
Sunday	4:00-5:15 pm	Beyond Basics (Mary/Al)

Class prices

New Students	First class \$10, add 2 more for \$15 (3 for \$25)
Drop-In	\$14
5 Class Pass	\$60
10 Class Pass	\$108