



**November 2019
Class Schedule**

*Please visit yogageauga.com
for details and updates*

Day	Time	Class
Monday	10:00-11:30ish am	Gentle Yoga (Alison)
	5:00-6:15 pm	Vinyasa (Mary)
	6:30-8:00 pm	Beyond Basics (Mary)
Tuesday	10:00-11:15 am	Truly Gentle (Liz)
	4:15-5:15 pm	Yoga Sculpt (Dianne)
	<i>**3rd Tuesday</i>	
	6:30-7:45 pm	<i>**Restorative (Jeanette)</i>
Wednesday	10:00-11:30ish am	Gentle Yoga (Alison)
	6:15-7:15 pm	Vinyasa (Mary)
Thursday	4:15-5:15 pm	Yoga Sculpt (Donna)
	5:30-6:45 pm	Gentle Yoga (Jeanette)
	7:00-8:15 pm	Yoga Tune Up® (Alison)
Friday	9:00-10:10 am	Slow Flow (Ann)
Saturday	9:00-10:15 am	Vinyasa (Molly)
	10:30-11:45ish am	Basics (Molly)
Sunday	No Classes	

Class passes: Drop-In \$14, 5-Class \$60, 10-Class \$108, 30-day unlimited \$116. *New Students:* First class \$10 or 3 for \$25