



**March 2018
Class Schedule**

*Please visit yogageauga.com
for details and updates*

Day	Time	Class
Monday	10:00-11:30ish am 5:00-6:15 pm 6:30-8:00 pm	Gentle Yoga (Alison) Vinyasa (Mary) Beyond Basics (Mary)
Tuesday	<i>**3rd Tuesday 6:30-7:45 pm March 13</i>	<i>**Restorative (Jeanette) Yoga Tune Up® (Alison)</i>
Wednesday	10:00-11:30ish am 5-6:15 pm 6:30-7:00 pm 7:00-8:10 pm	Gentle Yoga (Alison) Vinyasa (Dianne/Mary) Roll and Relax (Alison) Functional Movement (Al)
Thursday	4:15-5:15 pm 5:30-6:45 pm 7:00-8:15 pm	Yoga Sculpt (Mary) Gentle Yoga (Jeanette) Beyond Basics (Mary)
Friday	9:00-10:00 am	Slow Flow (Cynthia)
Saturday	8:30-9:45 am 10:00-11:15ish am	Vinyasa (Cynthia) Basics (Cynthia/Alison)
Sunday	10:00-11:45 am 3:30-4:45 pm	Ashtanga (Jeanette) Beyond Basics (Mary/Al)

Class prices: Drop-In \$14, 5-Class Pass \$60, 10-Class Pass \$108
New Students: First class \$10, add 2 for \$15 or 3 for \$25