



**Fall 2018  
Class Schedule**

\*Please visit [yogageauga.com](http://yogageauga.com)  
for details and updates\*

<b>Day</b>	<b>Time</b>	<b>Class</b>
<b>Monday</b>	10:00-11:30ish am	Gentle Yoga (Alison)
	5:00-6:15 pm	Vinyasa (Mary)
	6:30-8:00 pm	Beyond Basics (Mary)
<b>Tuesday</b>	<i>9:30-10:45 am</i>	Truly Gentle (Liz)
	<i>4:15-5:15 pm</i>	Yoga Sculpt
	<i>**3rd Tuesday</i>	<i>**Restorative (Jeanette)</i>
	<i>6:30-7:45 pm</i>	
<b>Wednesday</b>	10:00-11:30ish am	Gentle Yoga (Alison)
	5-6:15 pm	Vinyasa (Molly)
	6:30-7:00 pm	Roll and Relax (Alison)
	7:00-8:10 pm	Functional Movement (Al)
<b>Thursday</b>	4:15-5:15 pm	Yoga Sculpt (Mary)
	5:30-6:45 pm	Gentle Yoga (Jeanette)
	7:00-8:15 pm	Beyond Basics (Mary)
<b>Friday</b>	9:00-10:00 am	Slow Flow (Cynthia)
<b>Saturday</b>	8:30-9:45 am	Vinyasa (Cynthia)
	10:00-11:15ish am	Basics (Cynthia/Alison)
<b>Sunday</b>	9:30-11:15 am	Ashtanga (Jeanette)
	3:30-4:45 pm	Slow Flow (Liz/Alison)

**Class passes:** Drop-In \$14, 5-Class \$60, 10-Class \$108, 30-day unlimited \$116. *New Students:* First class \$10 or 3 for \$25